

EDINBURGH DIVING NEWSLETTER



June 2011

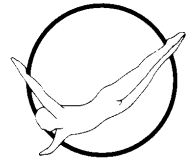
News & information for parents.

Hello again and welcome to the June edition of the newsletter. The programme is nearly full at the moment and the beginner classes are doing very well. There is a great deal of improvement among these divers which is brilliant to see and some of the performances in the development competition were excellent. Some beginners have been selected to compete in the Scottish Swimming Diving Levels League on 25th June at

Newbattle Pool. Well done to them and we hope they enjoy it. It has been a very busy few months of competitions for club divers with both the novice & age group teams competing around the country. It is great to see our new members joining these trips, and we hope to see several beginner divers with the required dives, entering the club after the summer break. Thank you to everyone who came to Dundee to support the divers in the 2010 Thistle Trophy, which was eventually held on Saturday 26 March 2011

It was a very much smaller event than usual due to the changes in date, but we were delighted to welcome six new divers to the Edinburgh Diving Club team. Please keep looking at the website for information regarding training, competitions and events. Details can be found in the Notice board section. Emails are also being sent to all club members with important info. Rebooking for Autumn term will take place soon. There will be some changes to classes. If your child is affected you will be notified in the next few weeks.

Edinburgh Diving Club News (and gossip)



Club Kit Please contact Donald MacInnes if you need any new kit. New tee shirts will be available for order shortly

Competitions Again there have been a few problems with divers pulling out at the last minute. All trips are budgeted as cheaply as possible and rooms cannot be refunded. Numbers of boys and girls to rooms have to be taken into account. Please remember deposits are non refundable unless through injury or ill health.

New members We are delighted to welcome another new member to the club, Rose Daly. Rose is training in novice squad.

Novice Squad Monday night is a great novice squad night with loads going on. However with more new divers joining it is very busy. Therefore, three divers have moved to train on a Tuesday evening with the age group divers, coached by Vicki. They still train with novice 2 on a Wednesday

Congratulations to these divers - Cameron Forrest, Keanna MacInnes & Aaron Daly who have now moved up to age group and competed in their first AG event, the G Star Invitational in April

Dry Training Training at Ainslie Park is going well and is much warmer than Meadowbank. No more scarves & gloves on a Sunday morning! Hopefully we will have the trampoline again soon. Gym work really helps divers when learning new dives and the strength & conditioning training is vital for divers wanting to reach Age group level.

Smartie Tubes We are still waiting for some of these to be returned. Please can we have them back as soon as possible as they are a quick & easy way of helping boost club funds.

UKCC Level 1 Diving Course Edinburgh Leisure are running the course over two weekends on 19th -21st and 27th - 28th of August. All candidates must be 16 when the course starts. See Vicki for further details.

Welcome back It's good to see the older divers back in training properly after sitting their standard grade & higher exams. Hope they went well!

White Rose Invitational. Although this competition is not until October, information will be going out in the last week of the summer term. This is to enable us to plan as efficiently as possible. Please reply early in order to help us with the organisation and to get the biggest team we have had for a while.

Forthcoming Events

DATE	COMPETITION	LOCATION	LEVEL	INFORMATION
9-12 June	GB National Championships	Leeds	Senior	-
25 June	Scottish Swimming Levels League	Newbattle	Novice, Intermediate	11 – 4pm approx. See website for details
29 Jun-3 July	European Junior Championships	Belgrade	GB Junior International	Selection after GB Junior Elites
7-10 July	British National Age Groups Championships	Sheffield	Age Group	Non chaperoned trip
19-25 July	Barcelona International Diving Trophy	Barcelona	Age group National Squad	Further info to follow shortly
16-31 Jul	FINA World Championships	Shanghai	GB Senior International	Selection after GB Nationals
27 Aug	SASA Levels League	Ayr	Novice, Intermediate	-
8 – 9 Oct	White Rose Invitational	Leeds	Novice	Info letter out last week in June

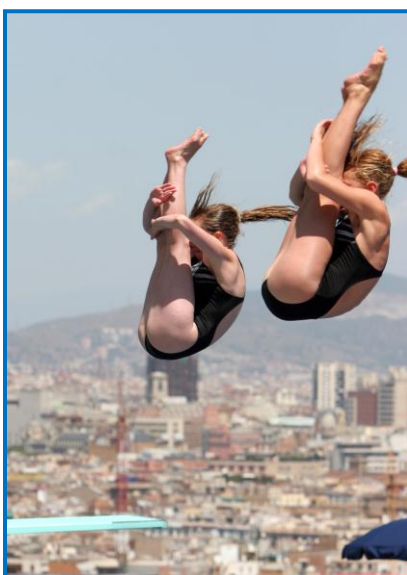
Competition Teams

Barcelona International Trophy 19 – 25 July 2011

Eight divers from the Scottish National Squad & three from EDC will be competing in this event during the summer holidays. Congratulations to all these divers and good luck with your training for the event

Scottish National Team

Group A	Anna Sless Rebecca Graham
Group B	Charlotte Briggs Courtney Ross Emily Martin Katie Talbot James Heatly
Group C	Erin MacInnes
Coaches	Vicki Tomlinson Mary Sless
Chaperones	Karen Ross Gary Ross



Edinburgh Diving Club Team

Group A	Holly Tinkler Daisy Forbes
Group C	Amber Foster

Anna Sless & Catherine Webber
coming 4th in the synchro event in
Barcelona 2009

Reports and Results



Edinburgh Leisure Development Competition, Newbattle. 21 February 2011

There was a very large entry for the second development competition to be held at Newbattle. Thank you to Jackie from Edinburgh Leisure whose help with the scoring was invaluable and also thanks to Rebecca, Courtney, Daisy, Amy & Sammy who helped the divers. Congratulations to everyone who took part, especially the medal winners. We were very impressed with the standard of competition this year

Boys

Robbie Hutchison	118.75
Rhuaridh O'Raw	105.00
Angus Dunn	99.90
Greig McLean	89.80
Olli James	89.40
Finlay Tait	88.50
Dougal Brown	88.50
Steven Feenan	86.30
David Cowen	84.80
Connor McCabe	83.90
Craig Charters	81.60
Tommy Morton	80.50

Girls

Lily McQueenie	93.10
Geri Stanley	91.00
Charlotte Bowe	86.00
Ruby Buchanan	86.00
Rose Daly	83.00
Ollie Omeara	82.50
Charlotte Jones	82.00
Meagan Dun	82.00
Cerys Steele-Curran	82.00
Emma Hopkin	81.50
Evie Buchanan	80.50
Callie McLean	80.00
Abbie Johnston	80.00
Louisa Wynne	76.00
Niamh McInnes	72.50

Girls 8 & under

Ava Harvey	64.50
Charlotte Scott	51.00
Ella Robeson	50.00



FINA Grand Prix, Russia. 22-24 February 2011

Congratulations to Grace on her selection to the GB Senior Team. Grace finished 11th in the Woman's 3m Springboard event and 7th in 3m synchro event with Hannah Starling from City of Leeds Diving Club



Armada Cup, Plymouth. 24-27 February, 2011

12 divers were selected to take part in this age group competition

Group A	Daisy Forbes Rebecca Graham Anna Sless Holly Tinkler	Group C	Amber Foster Erin MacInnes
Group B	Charlotte Briggs Emily Martin James Heatly Courtney Ross Katie Talbot	Group D	Sean Flynn
		Coaches	Mary Sless Vicki Tomlinson
		Chaperones	Karen Foster Morag Martin
		Chauffeur	Gary Ross

As usual, this was a very busy competition with a high standard of diving. Many of the age group divers were competing their new lists for the first time. Our older divers were in the middle of prelim exams at the

time and were finding it difficult to study & train. However they made it down to Plymouth with school books in evidence all weekend – if not actually open. It is becoming more obvious that we are lacking top class facilities. We are unable to compete on a level playing field on platform, with more Edinburgh divers dropping out of this event due to no available training. In the older age group, it is difficult to keep up with the tariff of the other divers, especially those in performance centres. As long as we realise this and don't expect too much at the moment, we are still on course for when our new pool opens and proper training starts again. Then, we will be the envy of the rest of GB.

Four divers made finals this year - a great achievement given the circumstances

James Heatly	3m Platform	Bronze Bronze
Anna Sless	3m	4 th
Daisy Forbes	3m	6 th
Sean Flynn	3m	6 th

Congratulations to Sean, who made his first final in Group D boys in only his 2nd age group competition. Many thanks to Karen, Morag & Gary for all their work over the 5 days. It was a great trip and everyone really enjoyed themselves. Loved the singing on the minibus and.....the chaps bowling outfits!



Dutch Open Masters, Eindhoven 4 – 6 March

3 divers attended this masters event in Holland – Vicki Tomlinson, Judy Wardlaw & Grant Forrest. Congratulation to them all on their excellent results

Vicki	Bronze, 4 th place in the age group category
Judy	Gold, silver, bronze in novice category
Grant	2 gold in novice



European Championships, Turin. 8 – 13 March

Congratulations to Grace Reid on her selection to the GB Senior Team. Grace finished 5th in the synchro final with Hannah Starling of City of Leeds Diving Club



ShIPLEY Novices, Bradford. 12 – 13 March

19 divers were selected for the first novice competition of the season, and as ever, it was extremely busy, with over 50 divers in Girls Group C event! This was a relatively inexperienced team, with three new Edinburgh divers – Nicky McCreath, Erin Dougherty and Peter Caughey. They all competed very well and we were delighted with their attitude and results. Thank you to our chaperone team who were wonderful

<u>Group B</u>	<u>Group C</u>	<u>Group D</u>	<u>Group E</u>	<u>Group F</u>
Olivia Martin	Sarah Lowry	Keanna MacInnes	Anna Flynn	Peter Caughey
Amy Steele	Erin Dougherty	Madeleine Finlayson		
Sophie Stewart	Nicky McCreath	Freya Hamilton		
Leona Scott	Flora Mealyou	Aaron Daly		
Katie Steele	Dale Rodger	Archie Beetham		
		Ramsay McCall		
		Murray Cheyne		
Coach	Mary Sless	Chaperones	Donald MacInnes	
			Kay Grealley	
			Cath McCall	

Congratulations to our one medal winner, Aaron Daly who won a silver in the Boys 10/11.
Well done to Ramsay who scored **three perfect 10's** for his sitting tuck roll. Top 6 placings as follows:

Girls B	Olivia Martin	4 th
	Sophie Stewart	5 th
	Amy Steele	6 th
Boys D	Aaron Daly	Silver
	Archie Beetham	5 th
	Ramsay McCall	6 th
Boys F	Peter Caughey	4 th



East District 1metre Championships, Newbattle . 21 March 2011

1m	Senior	Junior
1	227.20 James Heatly	1 156.10 James Heatly –
2	160.65 Sean Flynn –	2 102.05 Sean Flynn
3	116.05 Cameron Forrest	3 84.85 Archie Beetham

Mens 3m	Senior	Junior
1	259.75 James Heatly	1 167.80 James Heatly
2	144.65 Sean Flynn	2 98.55 Sean Flynn
3	130.20 Cameron Forrest	3 97.45 Aaron Daly

Womens 1m	Senior	Junior
1	270.40 Grace Reid	1 187.60 Grace Reid
2	191.80 Emily Martin	2 143.45 Charlotte Briggs
3	188.90 Charlotte Briggs	3 136.85 Emily Martin

Womens 3m	Senior	Junior
1	218.90 Grace Reid	1 147.70 Grace Reid
2	208.95 Charlotte Briggs	2 143.30 Daisy Forbes
3	208.45 Rebecca Graham	3 142.00 Rebecca Graham



The Thistle Trophy, Dundee. 26 March 2011

Although a far cry from Scotland's usual event, I am delighted to say that the 2010 competition eventually went ahead without any hitches at the third attempt! Thank you to everyone who helped with chaperoning, selling kit and fundraising. 21 from Edinburgh took part with three new divers in our team - Angus Dunn, Robbie Hutchison and Zoe Galbraith, Edinburgh won 7 golds, 4 silvers, 3 Bronze medals and retained TheThistleTrophy. Well done to everyone

Boys 7 and Under
Gold 92.20 Peter Caughey

Boys 8-9 years
Gold 156.75 Aaron Daly
Silver 148.70 Archie Beetham
Bronze 135.40 Murray Cheyne

Boys 10-11 years
Gold 174.50 Cameron Forrest
Silver 151.75 Dale Rodger

Boys 12-13 years
Silver 136.50 Robbie Hutchison

Girls 8-9 years
Gold 175.40 Keanna MacInnes

Girls 10-11 years
Gold 148.10 Madeleine Finlayson

Girls 12-13 years
Gold 164.95 Leona Scott
Bronze 145.50 Katie Steele

Girls 14-16 years
Gold 192.05 Olivia Martin
Silver 174.35 Sophie Stewart
Bronze 170.25 Rebecca Stevenson



Scottish National Platform Championships, Dundee. 26 March 2011

Congratulations to all those who competed in the postponed 2010 National Platform Championships. There were some very good scores this year. Results of Edinburgh divers are as follows:

Senior Women

Gold	Anna Sless	EDC
Silver	Rebecca Graham	EDC
Bronze	Courtney Ross	EDC

Senior Men

Gold	James Heatly	EDC
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Junior Women

Gold	Anna Sless	EDC
Silver	Rebecca Graham	EDC
Bronze	Courtney Ross	EDC

Junior Men

Gold	James Heatly	EDC
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G Star Invitational, Leeds. 22 – 24 April 2011

Due to exams, the older divers are unable to compete at G Star this year. However, three new divers moved from novice up to Age Group and were competing for the first time. Congratulations to Aaron Daly, Cameron Forrest and Keanna MacInnes, all in Group D. Congratulation to James Heatly who made three finals finishing in 4th, 5th & 6th place. The team:

Group B	Courtney Ross	Group D	Keanna MacInnes
	James Heatly		Cameron Forrest
Group C	Erin MacInnes		Aaron Daly
	Amber Foster		
Coach	Vicki Tomlinson	Chaperone	Debs Heatly



FINA Grand Prix, Canada. 28 April – 3 May 2011

Again congratulations to Grace on her third selection of the year to the GB senior team. Grace finished 16th in the 3m Springboard . Unfortunately she was unable to compete in the synchro as her partner, Hannah Starling had a back injury.



Hydro Novices, Harrogate. 6 - 8 May 2011

A very small Edinburgh team of 8 divers travelled to Harrogate (on a very big bus) for this novice competition There were no older divers this year due to standard grade exams. So we decided to take along one new diver, Rose Daly, for the experience, as she has only been diving for a few months. This did not seem to worry Rose, who proceeded to dive her way into the finals of her first competition with an excellent score. Congratulations to her and also all the other finalists. Special mention to Sarah, who dived very well to make her first final and to Dale who won a bronze medal. Well done also to Zoe Galbraith who competed very well in her first away event. The finalists :

Sarah Lowry	qualified in	5 th	final place	6 th
Dale Rodger		3 rd		Bronze
Rose Daley		5 th		6 th
Ramsay		2 nd		4 th

A huge thank you to Karen Foster for taking time off her work to chaperone for us, especially when her daughter Amber was not even on the trip.



GB National Junior Elite Championships, Southampton 30 May – 2 June 2011

Again, due to exams on the same days as competitions, only one diver was able to compete in this years elites. Congratulations to James Heatly who dived very well throughout the week to qualify for two finals. He came 7th in the platform, and 5th in the 1metre & 3metre springboard events..

Full results of all competitions are on our website www.edinburghdivingclub.org.uk

European Junior Diving Championships.

Well done to Grace Reid for her selection to the GB Junior team for the European Junior Championships in Belgrade. Grace has qualified for three events – 1m and 3 springboard and the 3m synchro. We wish her good luck. Grace will be travelling out with the team in two week time

CONGRATULATIONS TO

[James Heatly](#) for winning bronze at Armada

[Sean Flynn](#) for making his first Age group final at Armada

[James Heatly](#) for becoming National Senior & Junior Platform Champion

[Anna Sless](#) for becoming National Senior & Junior Platform Champion

[Rebecca Graham](#) for winning silver at National Platform Championships

[Courtney Ross](#) for winning bronze at National Platform Championships

[Aaron Daly](#) for winning silver at Shipley Novices

[Grace & James](#) for winning East Districts

[Aaron Daly](#), [Cameron Forrest](#), [Keanna MacInnes](#) for making the big move to Age group

[Dale Rodgers](#) for his bronze medal at Hydro Novices

[Sarah Lowry](#) for making her first final at Hydro Novices

[Rose Daly](#) for making the final at Hydro Novices in her first competition

