

Edinburgh Masters Diving presents

FLIP 'N' RIP

*Sat 8th
Oct 2016
2-5pm*

Diving Competition for Adult Divers

DIPPERS

2 dives off 1m, 2 dives off 3m Jumps allowed. Line ups allowed.

FLIPPERS

2 dives off 1m, 2 dives off 3m. Line ups allowed. Must be at least 2 groups covered

RIPPERS

2 dives off 1m, 2 dives off 3m, 2 dives off platform. All 6 groups must be covered.

Fina DD applies.

Jumps and forward line ups carry 1.0 DD. Back line ups carry 1.1 DD.

Followed by 'names out of the hat' synchro.



£10 entry

Email info@edinburghmastersdiving.org.uk to enter

For more info: www.edinburghdivingclub.org.uk/info/masters.php