

# Edinburgh Diving Club

The Royal Commonwealth Pool



## COACHES CODE OF CONDUCT:

A responsible sports Coach helps the development of individuals through improving their performance. This is achieved by:

- Identifying and meeting the needs of individuals.
- Creating an environment in which individuals are motivated to maintain participation and improve performance.

Coaches agree to:

- Consider the wellbeing and safety of athletes before the development of performance.
- Develop an appropriate working relationship with athletes (especially children), based on mutual trust and respect and promote respect for the ability of opponents as well as for officials and fellow Coaches. Coaches must not exert undue influence to obtain personal benefit or reward. In particular, Coaches must not use their position to establish or pursue a sexual or improper relationship with an athlete or someone close to them.
- Always promote the positive aspects of the sport (eg fair play)
- Make sure all activities they direct or advocate are appropriate to the age, ability and experience of those taking part.
- Encourage athletes to value the performance and not just results.
- Hold relevant, recommended, up to date and nationally recognised governing body coaching qualifications and insurance cover.
- Never consume alcohol immediately before or during training or events.
- Never condone rule violations, rough play or use of prohibited substances.
- Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved in club activities.
- Follow all guidelines laid down by the governing body and the club.
- Never exert undue influence over athletes to obtain personal benefit or reward.
- Encourage and guide athletes to accept responsibility for their own performance and behaviour.
- Follow the advice of a physician when a performer is injured.
- Make a personal commitment to keep yourself informed of sound coaching principles and the principles of growth and development of children.
- Ensure that the equipment and facilities meet safety standards and are suitable for training.
- Abide by Scottish Swimming's Social Media Guidelines.
- Respect the rights, dignity and worth of every person and treat everyone equally within the context of their sport.
- Abide by the Scottish Swimming and Club Child Protection Policies, and be a member of Scottish Swimming.
- Place the well-being and safety of the diver above the development of performance. They should follow all guidelines laid down by the sport's governing body.
- Co-operate fully with other specialists (e.g. other Coaches, Officials, Sport Scientists, Doctors, Physiotherapists, etc.) in the best interests of the diver.

**Sanctions:** Breaches of the Coaches' Code of Conduct will be dealt with in accordance with Edinburgh Diving Club disciplinary procedures.