



# Entry Pack

## ASA National Age Group Diving Championships 2015

27 – 31 May | Ponds Forge International Sports Centre, Sheffield



Funding Partner



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# INTRODUCTION

## VENUE

Ponds Forge ISC  
Sheaf Street  
Sheffield  
Yorkshire  
S1 2BP

## CONTACT INFORMATION

Ekaterina Boyd  
ASA Events Department  
Pavilion 3  
3 Oakwood Drive  
Loughborough  
LE11 3QF

Should you have any further questions having read this Entry Pack, please do not hesitate to contact Ekaterina Boyd on 01509 640 241 or email [ekaterina.boyd@swimming.org](mailto:ekaterina.boyd@swimming.org).

# COMPETITION INFORMATION

The ASA National Age Group Diving Championships 2015 are to be run under the ASA Laws and the FINA Technical Rules of Diving.

**This year's Championships will also include** GB Group C Elite Junior events and these will take place throughout the Championships.

Events and Age Groups are as at 31<sup>st</sup> December 2015 and will be as follows:

CATEGORY	BOARD HEIGHT	EVENT
Group D 9/10/11 years	1m	1m Springboard
	3m	3m Springboard
	5m	5m Platform
Group C 12/13 years	1m	1m Springboard
	3m	3m Springboard
	5m/7.5m	Platform
Group B 14/15 years	1m	1m Springboard
	3m	3m Springboard
	5m/7.5m/10m	Platform
Group A 16/18 years	1m	1m Springboard
	3m	3m Springboard
	5m/7.5m/10m	Platform
Synchro 9-13 years	1m	1m Synchro
Synchro 14 –18 years	3m	3m Synchro

# DRAFT SCHEDULE

All the individual events will be run two at a time as indicated by the columns titled 'Event A' and 'Event B'.

Please note that session times will be published in the Confirmation Pack after the entry deadline has passed.

WEDNESDAY 27 <sup>TH</sup> MAY		THURSDAY 28 <sup>TH</sup> MAY	
Boys 14/18 yrs 3m Synchro Girls 14/18 yrs 3m Synchro Girls 9/13 yrs 1m Synchro Boys 9/13 yrs 1m Synchro Girls & Boys Group A 3m Elite Boys Group C 3m Synchro Elite Girls Group C 3m Synchro		<b>EVENT A</b> Girls Group A 1m Boys Group C Elite 1m Girls Group C Elite 3m Girls Group D 1m Boys Group A 1m Elite Boys Group C 1m Elite Girls Group C 3m	<b>EVENT B</b> Boys Group B Platform  Girls Group C Platform Boys Group C 3m Final Final
FRIDAY 29 <sup>TH</sup> MAY		SATURDAY 30 <sup>TH</sup> MAY	
<b>EVENT A</b> Girls Group C 1m Elite Boys Group C 3m Elite Girls Group C Platform Girls Group B 1m Boys Group A Platform Girls Group A Platform Elite Boys Group C 3m Elite Girls Group C Platform	<b>EVENT B</b> Girls Group D 3m  Boys Group D Platform  Final Final	<b>EVENT A</b> Boys Group B 1m Elite Boys Group C Platform Elite Girls Group C 1m Group C Boys 1m Girls Group D Platform Elite Boys Group C Platform Elite Girls Group C 1m	<b>EVENT B</b> Boys Group D 3m  Girls Group B Platform  Final Final
		SUNDAY 31 <sup>ST</sup> MAY	
		<b>EVENT A</b> Boys Group D 1m Girls Group C 3m Boys Group B 3m	<b>EVENT B</b> Girls Group B 3m Boys Group C 3 Platform

\*PLEASE NOTE THE ABOVE SCHEDULE IS SUBJECT TO CHANGE, THIS WILL BE CONFIRMED ONCE ALL ENTRIES ARE RECEIVED.

# ENTRIES

## CLOSING DATE

Wednesday 29<sup>th</sup> April 2015, 12 noon

## ENTRY FEES

Entries will be charged at the following rate:

Individual events	£10.50
Synchro events	£20.00

There will be a £30.00 late entry fee for all entries made after 12 noon, 29<sup>th</sup> April 2015. Late entries will close at midnight on Monday 25<sup>th</sup> May 2015.

## HOW TO ENTER

All entries for the ASA National Age Group Diving Championships 2015 will be made online. Please click [HERE](#) for the entry page.

Please note, for Synchro entries both members of a synchro team need to enter through the online system. Each member also needs the registration number of the other team member. This can be accessed [here](#).

A photo **MUST** be uploaded for accreditation purposes before you are allowed to enter the competition. To upload a photo click [here](#).

## THE ASA REGISTRATION / MEMBERSHIP DEADLINE

Divers should be registered with the ASA 60 days prior to the commencement of the National **Event (“The Meet”) for which the diver is entering. The deadline is 27<sup>th</sup> March 2015. International divers must be a member of their country’s Diving Federation in order to enter.**

## DATA PROTECTION STATEMENT

The ASA will use your personal data for the purpose of your involvement in ASA events and I understand that by submitting my entry, I am consenting to receive information about the ASA events I am involved in by post, email, SMS/MMS, online or phone unless stated otherwise.

# COMPETITOR INFORMATION

## TRAINING

The pool will be available for training during the following times:

Wednesday 27 <sup>th</sup> May:	09:00 until the start of first session After the final session until 20:00
Thursday 28 <sup>th</sup> May:	08.00 until the start of first session After final session until 20:00
Friday 29 <sup>th</sup> May:	08.00 until the start of first session After final session until 20:00
Saturday 30 <sup>th</sup> May:	08.00 until the start of first session After final session until 20:00
Sunday 31 <sup>st</sup> May:	8.00am until the start of first session.

Please note times are subject to change; please refer to the Confirmation Pack following the close of entries.

## DIVE SHEETS

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimise the chance of errors loading the data into the recording program. Coaches may make bulk submissions of dive sheets on behalf of their divers by using the program Dive Sheets with which they should already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use.

To submit your dive sheets on-line, browse to [www.diverecorder.co.uk](http://www.diverecorder.co.uk) and follow the instructions. As soon as you complete the on-line submission you will see a success/failure message. If successful you will be sent an automatic email confirming receipt of your details and dives. You can check your submitted dive sheets a few days before the event online at [www.diverecorder.co.uk/live](http://www.diverecorder.co.uk/live). If you experience problems and need assistance please contact Malcolm Taylor ([Malcolm@mdt.me.uk](mailto:Malcolm@mdt.me.uk))

Electronic submissions must be made no later than midnight on Monday 25<sup>th</sup> May 2015. You will be asked to sign hard copies of these sheets at the venue, available from the Recorders in the Diving Officials Room.

If neither you nor your Coach are able to use the above electronic methods, you can submit a hard copy of your lists of dives to the Recorders. The deadline for manual dive sheets is 15 minutes before the Technical Meeting on Wednesday 27<sup>th</sup> May at 12:00pm.

### ACCREDITATION

Accreditation for divers competing in the ASA National Age Group Diving Championships will be photographic. All divers will be required to upload a recent passport sized photograph as **mentioned in the 'How to Enter' section of this Entry Pack.**

Accreditation will be available for collection from the Technical Meeting.

### MEDICAL DECLARATIONS

Please note that in accordance with the International Standards for Testing, it is the **athlete's** responsibility to provide all information and dosage for any medications and supplements taken on the doping control form, at the point of doping control. Any previously disclosed medications or supplements to your club and/or via a British Swimming Medical Declaration Form forms no part of doping control.

Strict liability means athletes are responsible for any banned substance found in their system, no matter how it got there.

Please check all medications on [www.globaldro.com](http://www.globaldro.com)

**Funded athletes** If your medication is prohibited, you must have a TUE in place at all times.

**Non-funded athletes** If your medication is prohibited, you must contact [Rachel.Burrows@Swimming.org](mailto:Rachel.Burrows@Swimming.org) after doping control. You will have 10 days to submit a retroactive TUE application following your drug test.

If you require support or have a query about any medications, supplements or the anti-doping rules around this then please contact Rachel Burrows at British Swimming: 07824 618 863.

### CLOTHING

Please could all competitors be aware that no GB kit is to be worn at any point throughout the Championships. During medal ceremonies full club kit or tracksuits must be worn. No towels or bare feet are allowed. All boards will be closed during presentations.

### VIDEO AND PHOTOGRAPHY

British Swimming and the ASA are aware of the wide range of mobile phone and other personal hand held devices with a photographic capability, enabling the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or even an identity and such information may help those who may want to harm children. The use of such equipment is difficult to control but we can all be vigilant and if you have concerns in this area, please bring them to the attention of a member of staff or security.

This event will be photographed and videoed. Static and moving images may be displayed on the website [www.swimming.org](http://www.swimming.org), partner and sponsor websites, at the venue and used to promote the sport at this event and events in the future.

The following is taken from the British Swimming and ASA Data Protection notice and relates to photography and video images for all events: British Swimming and the ASA may record the competition events in which you participate and general images of swimmers will form part of the information we hold and use. In addition to the purposes for general information set out above, the ASA and/or British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, performance, development, selection and event promotion.

British Swimming and the ASA work closely with our experts to ensure that in making these images available to enhance the presentation of the event we are not putting any children at risk in any way. If you have any queries please refer to ASA Wavepower document, section 2.5, pages 84-85.

If parents/guardians/swimmers have any concerns with their child/themselves being photographed/filmed at our events please complete the Refusal of Consent Form below and return to British Swimming/ASA Events Department, Pavillion 3, Sport Park, 3 Oakwood Drive, Loughborough University, Leicestershire, LE11 3QF.

## COACHES/CHAPERONES INFORMATION

### TECHNICAL MEETING

A technical meeting will be held on Wednesday 27<sup>th</sup> May at 12:00pm in the Diving Officials Room located just off of poolside. All coaches and officials must attend. Please inform Ekaterina Boyd if you are unable to attend the meeting and you are not able to send a substitute.

### COACHES/CHAPERONES PASSES

Access will be denied to the field of play without a valid **coach's** accreditation. For all ASA and British Diving events in 2015 all coaches will be required to have a coach pass to gain access to the changing area and poolside. Accreditation will be required in these areas at all times and this will be monitored.

**Coaches' passes will now be applied for online. You can access the forms [HERE](#)** or alternatively use the following address [www.swimming.org/asa/teaching-and-coaching/diving-coach-passes-2015](http://www.swimming.org/asa/teaching-and-coaching/diving-coach-passes-2015)

Diving Coach/Chaperone passes are free of charge.

Applications for an event pass will close on Wednesday 13 May 2015.



Any person wishing to apply for a coach/chaperone pass must have a valid DBS check through The ASA at the time of application. The DBS must be valid until at least the final day of competition.

If you have any queries please contact Janice Munning via email [janice.munning@swimming.org](mailto:janice.munning@swimming.org) or if it the matter is urgent call 01509 640 261.

### ALL APPLICANTS MUST BE DBS CHECKED THROUGH THE ASA

Please note, in order for the pass to be valid, coaches must have divers attending the relevant competition that the pass has been issued for.

**Coaches' passes will NOT** be sent in the post. All diver and coach accreditation must be collected from the Technical Meeting.

### PHOTOGRAPH

All new applicants must enclose one passport sized photograph.

### DATA PROTECTION STATEMENT

**The ASA will use personal data for the purpose of the applicant's application for a** coach/chaperone pass for ASA events and it is understood that by submitting this form, the applicant is consenting to receiving information about their coach / chaperone pass application by post, email, SMS/MMS, online or phone unless stated otherwise.

# EVENT CONDITIONS

## NATIONAL AGE GROUPS CONDITIONS

### Age Groups - Springboard and Highboard Events

Group D 9/10/11 years

Group C 12/13 years

Group B 14/15 years

Group A 16/18 years

Category	Board Height	Event Conditions	Recommended Standard
Age Group D 9/10/11 yrs	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	120
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6dd)	130
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
Age Group C 12/13yrs	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) (4 groups to be covered)	150
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) (4 groups to be covered)	160
	5m/7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd) (4 groups to be covered)	160
Age Group B 14/15 yrs	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	180 girls, 190 boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	190 girls, 200 boys
	5m/7.5m/10m	3 dives from 3 groups (5.7) + 3 dives from 3 groups no limit (4 groups to be covered)	165 girls, 180 boys
Age Group A 16/18 yrs	1m	5 dives from 5 groups (9.0) + 3 dives from 3 groups no limit	220 girls, 245 boys
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 girls, 245 boys
	5m/7.5m/10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit	190 girls, 215 boys

### Synchronised Events

Synchro 9-13 yrs	Girls & Boys	1m	2 dives with assigned DD of 2.0, plus 2 optional dives	4 dives	See below
Synchro 14 –18 yrs	Girls & Boys	3m	2 dives with assigned DD of 2.0, plus 3 optional dives	5 dives	See below

The 8-13 years 1m synchro competition shall comprise four (4) rounds of dives: Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and two (2) rounds of dives without limit of degree of difficulty.

The competition comprises four (4) rounds of dives from at least three (3) groups, with at least one dive forward facing, and which shall not be in a standing position on the springboard.

The 14-18 years 3m synchro competition shall comprise five (5) rounds of dives: Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without limit of degree of difficulty.

The competition comprises five (5) rounds of dives from at least three (3) groups, with at least one dive forward facing, and which shall not be in a standing position on the springboard.

#### Both synchro competitions - clarification:

When two or more forward facing dives are performed one may be standing. No group may be used more than twice.

In each round the two divers must perform the same dive (same dive number in the same position).

### ELIGIBILITY

1. Once a diver has competed at ASA National Age Group level they are excluded from competing at future Skills finals, except with written approval from the ASA Diving Committee when moving into the B+ age group.
2. If a diver has competed at Elite Junior Championships they are not eligible to compete at future ASA National Age Groups, except with written approval from the ASA Diving Committee when moving up an age group.
3. If a diver has competed at any GB Senior Championship they are not eligible to compete at future ASA National Age Groups.

### ASA National Age Group Competitions - Competition format/regulations (see also General Conditions)

1. Dives with limit shall not be repeated as dives without limit.
2. All dives of the same number shall be deemed to be the same dive.
3. No dive of the same number shall be repeated in any round.
4. Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.

5. Each competitor is entirely responsible for the accuracy of the statements in their list.
6. Minimum age for competitors on springboard is 9.
7. Minimum age for competitors on platform is 9.
8. Age Group categories and limits refer to the age the diver is on 31<sup>st</sup> December that year.
9. All events are competed as a straight final.  
The winner is the diver with the highest score after all dives have been performed.
10. Medals shall be awarded in all ASA Diving Championships and Competitions to the first three placed divers in each competition and where different, to the first three placed English divers (see General Conditions for definition of English).

## GROUP C ELITE JUNIOR CONDITIONS

### GB Conditions & Recommended Performance Standards

Category	Gender	Event	Conditions	No. Of Dives	Recommended Entry Standard
Group C (9-13 years)	Girls	1m	5 from 5 max 9.0 + 3	8	230
		3m	5 from 5 max 9.5 + 3	8	250
		Platform	4 from 4 max 7.6 + 3	7	230
	Boys	1m	5 from 5 max 9.0 + 3	8	240
		3m	5 from 5 max 9.5 + 3	8	260
		Platform	4 from 4 max 7.6 + 3	7	240

\*\*\* Divers younger than 12 on 31 December in the year of competition are restricted to 5m platform in the 5/7.5m platform competition.

The 9-13 3m synchro competition shall comprise five (5) dives; three (3) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and two (2) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least three (3) different groups.

#### Both synchro competitions – clarification:

All forward facing dives shall be done with a running approach. No group may be used more than twice.

In each round the two divers must perform the same dive (same dive number and the same position).

#### Format for Elite Junior Nationals:

- Age Group C divers will perform their full list of dives in the preliminary. The top six (6) British divers will proceed to the final. A maximum of six (6) guest divers, but no more than two (2) per team/country, whose scores are equal to or better than the sixth placed British diver will also proceed to the final. If there are less than 6 British divers then a maximum of 6 guest divers, but no more than two per team/country, will progress to the final. In the final the divers will repeat their optional dives, competing in the reverse order of their preliminary rankings, and the final result will be determined by adding their score from the final to that of the required dives total from the preliminary.
- Age Group categories and limits refer to the age of the diver on 31st December in the year of competition
- Minimum age for competitors is 9 years on 31 December in the year of competition
- Synchronised events will be straight finals.

### GB Diving Events – Competition Format/Regulations

(See also, General Conditions)

All dives of the same number shall be regarded as the same dive.

No dives shall be repeated in any one round.

Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.

**The diver and the diver's representative are responsible for the accuracy of the statement in their list and the statement of dives shall be signed by the diver and the diver's representative.**

Medals shall be awarded in all GB Diving Championships and Competitions to the first three placed divers in each competition and where different, to the first three placed British divers (see General Conditions for definitions of British).

Please consider the following clauses carefully when selecting events for your divers.

#### ELIGIBILITY

Please refer to the ASA Rules.

To dive Synchro at any GB event, both members of the pair must be diving at least 1 individual event at that Meet.

\*Qualification Scores are set by a National Technical Panel and reviewed annually. All scores continue to be recommended scores for 2014, however it is strongly advised that all coaches encourage their divers to achieve their required score at one or more of the events below.

>>Regional event

**>>Last year's National event (as long as they remain in the same age group)**

Coaches fielding divers considered by British Diving Managers to be competing at the wrong level will be approached by **one of the British Diving's Managers and given advice on competition selection.**

#### General Competition Conditions for ASA and BS Diving Competitions

1. Once a diver has competed at ASA National Age Group level they are excluded from competing at future Skills finals, except with written approval from the ASA Diving Committee when moving into the B+ age group.

2. If a diver has competed at Elite Junior Championships they are not eligible to compete at future ASA National Age Groups, except with written approval from the ASA Diving Committee when moving up an age group.

3. If a diver has competed at any Senior Championships in any event (including synchro), they are

not eligible to compete at future ASA National Age Group Competitions.  
Failure to comply with these conditions will result in disqualification

### DEFINITIONS

Competing/competed. Divers are considered to be competing or to have competed at a certain level if they entered the contest – even if they did not dive due to injury or illness.

For example, if a diver was entered for the GB Senior Championships, but did not dive due to injury they cannot compete at the ASA National Age Groups

# CHILD PHOTOGRAPHY REFUSAL OF CONSENT FORM

Name of Child: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

I refuse permission for the taking and/or publication of images of my child by the Official Photographer(s) in respect of the ASA National Age Group Diving Championships 2015.

Signed (Parent/Carer): \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_



# BIOGRAPHICAL DETAILS

Whilst it is understood that completing biographical details can be tedious, up to date biographies are valuable for use by our media. We would be grateful if you choose to complete this form that you complete the date at the top. The information will be retained for future use and only replaced when you choose to provide an update. Please therefore include on a separate piece of paper and not on the back of an entry form.

DATE COMPLETED .....

FAMILY NAME: ..... FIRST NAME: .....

CLUB/FEDERATION: .....

DATE OF BIRTH: ..... HEIGHT: ..... WEIGHT: .....

COACH: .....

## ACHIEVEMENTS

International (inc Squad Member, Title of Event, Year, board, points etc)

.....  
 .....  
 .....

National (inc Title of Event, Year, board, points etc)

.....  
 .....  
 .....

## BEST DIVES:

Board	Points

## HOBBIES:

.....  
 .....  
 .....